



8930 Stanford Blvd, Columbia, MD 21045
 Main: 410-313-6204 | Fax: 410-313-6108
lhic@howardcountymd.gov
www.hclhic.org www.facebook.com/hclhic

Maura J. Rossman, M.D., HCLHIC Co-Chair
 Health Officer, Howard County Health Department

Steven C. Snelgrove, HCLHIC Co-Chair
 President, Howard County General Hospital

Howard County Local Health Improvement Coalition

Healthy Weight Work Group Meeting

July 27, 2017 – 9:00 – 10:30 a.m.

Barton A/B

Minutes

Members Present:

Melanie Berdyck, Giant Food Inc.
 Regine Clermont, Elite Touch, LLC
 Marsha Dawson, HCDCRS
 Jeannie DeCray, HCDCRS
 Will Dunmore, HC Parks and Rec
 Riva Eichner Khan, Days of Taste
 Barbara Wasserman, Community Member

Loretta Hoepfner, MD Chapter, AAP
 Larry Hughes, We Promote Health
 Kayla Kavoukas, HC Health Department
 Shawni Paraska, Columbia Association
 Maura Rossman, HC Health Department
 Kelly Wilson, United Healthcare
 Alexandra York, MUIH

Guests Present:

Tiffany Tate, Maryland Partnership for Prevention

Staff Present:

Kelly Kesler, HCLHIC Program Director
 Mary Wahl, LHIC Program Manager
 Lauren Williams, HCLHIC Program Coordinator
 Sharif Braxton, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up/Outcome
Welcome and Introductions	<p>Lauren Williams called the meeting to order at 9:04 a.m.</p> <p>Group members introduced themselves.</p>	
Approval of Minutes and Announcements	<p>Lauren Williams shared that the work group meeting would be recorded for production of minutes.</p> <p>Minutes for the May 25th meeting were sent on June 1st. No edits or corrections were submitted. A</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming</p>

	<p>motion to accept the minutes as written was made by Alexandra York and seconded by Shawni Paraska.</p> <p>Members were asked to share any announcements from their organizations.</p>	<p>Healthy Weight Events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request an event be added to the HCLHIC Community calendar contact Kelly Kesler at kkesler@howardcountymd.gov</p> <p>Marsha Dawson announced the Howard County Local Children’s Board Weekend Warrior Snack Packs are being distributed Fridays until September 1st. For more information, click here.</p> <p>Shawni Paraska stated that the Columbia Association and HCHD have limited scholarships available for the My Baby and Me program, which assists pregnant women in HC. There are financial scholarships available for African American women who are at a higher risk for preterm labor.</p> <p>Jeannie DeCray announced she will be conducting exercise demos at the Howard County Fair Senior Day August 8th</p> <p>Lauren Williams shared information on behalf of Tara Butler:</p> <ul style="list-style-type: none"> • J2BH Living Well 6 week Workshop August 4th • 7 Week Nutrition Workshop Atholton Seventh Day Adventist Church • Walk Maryland Day- HCGH Wellness Committee looking to organize an event on campus
<p>Delegate’s Report</p>	<p>Kayla Kavoukas mentioned Family Fit Nights have concluded and shared updates on the Farmer’s Market FY 17 Action items.</p>	<p>LHIC and WIC Staff will be attending two Farmers Markets on Sunday July 30th and Sunday August 27th at Oakland Mills to share LHIC information and to distribute WIC Farmers Market vouchers for redemption.</p>
<p>Strategic Planning Session</p>	<p>Tiffany Tate facilitated the discussion to develop goals and objectives for the FY18-20 Action Plan. This discussion was a continuation of the</p>	<p>Coalition members voted on their tactic priorities and shared their insights on the strategic planning matrix. Updates will be sent out before next Workgroup Meeting.</p>

	Strategic Planning Retreat held on May 2, 2017 and our May 25th workgroup meeting.	
Wrap Up and Adjournment	The work group meeting was adjourned at 10:30 a.m.	

Work Group

August 24, 2017 9:00-10:30 a.m. (Barton A&B)

October 26, 2017 9:00-10:30 a.m. (Barton A&B)

FULL HCLHIC

September 28, 2017 8:30-10:30 am **Please note this is a revised date*

Respectfully submitted by
 Lauren A. Williams, C.H.E.S.
 Program Coordinator, Howard County Local Health Improvement Coalition